



WHEN ACTIVE LIVING KICKS

15-16 SEPTEMBER 2018

**OVAL LAWN,
SETIA CITY CONVENTION CENTRE,
SETIA ALAM**

7.00am - 10.00pm

LAUNCH BY:

**YAB TUN DR. MAHATHIR MOHAMAD
PRIME MINISTER OF MALAYSIA**

15 SEPTEMBER 2018

9.00am

MyACTIVEZone



Fitness



Jump



Extreme



Creative



Shooting



Compete



Coaching



On Stage



On Air

FREE ADMISSION, FREE GIFT!

MYRUN

15 September 2018

- Medal
- DryFit T-Shirt
- Goodies Bag
- Race Bib



ZUMBA NightJAM

15 September 2018

8.00pm - 10.00pm

120 Minutes Non Stop!

FREE ADMISSION!

*Dance to
Total Fitness!*



For further information please contact
Yul (03-88834574 / 017-2423431)

Categories

5 KM (Fun Run)
13 years old & above

10 KM (Open)
18 years old & above

Registration (Close On 3/9/18)

Before 19/8/18 After 19/8/18
RM 45 RM 55

Before 19/8/18 After 19/8/18
RM 55 RM 65

Flag Off

7.20am

7.00am

For further information and registration please contact

Dr. Affendi Bin Isa (03-88834476 / 019-9127780) or go to www.racexasia.com

FOR FURTHER INFORMATION ABOUT WALK PLEASE CONTACT MR. MOHD HAIRMANSHAH BIN MOHD SHAH (03-88895670 / 012-2251567)



www.myhealth.gov.my

#MyWALK

#sihatmilikku

